

## Individual Meet Results

**Ealing Friendly L4 Meet 12-Nov-22 [Ageup: 31/12/2022] SC Meters**

**Location: Northolt Leisure Centre**

**Ealing Swimming Club [EALL] Coach: Dave Heathcock**

Time	F/P/S	Event	Place	Points	Improv
<b>S. Boukhtouche (9) M</b>					
6:44.15S	F # 2A	Men 9 & Over 400 Free	19	---	---
1:36.03S	F # 4A	Men 9 & Over 100 Back	21	---	-3.03
55.97S	F # 6A	Men 9 & Over 50 Breast	25	---	2.45
<b>L. Boulting (12) M</b>					
5:24.98S	F # 2A	Men 9 & Over 400 Free	9	---	-13.09
1:20.98S	F # 4A	Men 9 & Over 100 Back	8	---	0.78
47.92S	F # 6A	Men 9 & Over 50 Breast	20	---	-3.87
<b>J. Bowden (14) M</b>					
5:09.77S	F # 2A	Men 9 & Over 400 Free	7	---	0.50
DQ	F # 4A	Men 9 & Over 100 Back	---	---	---
40.50S	F # 6A	Men 9 & Over 50 Breast	10	---	-0.45
<b>C. Brennan (16) W</b>					
4:56.18S	F # 1A	Women 9 & Over 400 Free	1	---	---
1:17.03S	F # 3A	Women 9 & Over 100 Back	4	---	-20.43
37.35S	F # 5A	Women 9 & Over 50 Breast	1	---	1.12
<b>A. Caygill (12) W</b>					
5:32.00S	F # 1A	Women 9 & Over 400 Free	17	---	-15.54
1:17.66S	F # 3A	Women 9 & Over 100 Back	5	---	0.80
44.69S	F # 5A	Women 9 & Over 50 Breast	17	---	-1.43
<b>O. Choinski (16) M</b>					
4:39.45S	F # 2A	Men 9 & Over 400 Free	5	---	---
1:12.97S	F # 4A	Men 9 & Over 100 Back	5	---	-4.14
34.98S	F # 6A	Men 9 & Over 50 Breast	3	---	0.32
<b>C. Ferhat (15) W</b>					
5:41.35S	F # 1A	Women 9 & Over 400 Free	18	---	-0.92
1:26.42S	F # 3A	Women 9 & Over 100 Back	17	---	-0.46
48.28S	F # 5A	Women 9 & Over 50 Breast	25	---	-2.15
<b>D. Grifoni (9) M</b>					
1:51.85S	F # 4A	Men 9 & Over 100 Back	25	---	---
DQ	F # 6A	Men 9 & Over 50 Breast	---	---	---
<b>A. Hadjazi (16) M</b>					
NS	F # 2A	Men 9 & Over 400 Free	---	---	---
NS	F # 4A	Men 9 & Over 100 Back	---	---	---
NS	F # 6A	Men 9 & Over 50 Breast	---	---	---
<b>Y. Hamad (9) W</b>					
7:18.41S	F # 1A	Women 9 & Over 400 Free	30	---	---
1:48.67S	F # 3A	Women 9 & Over 100 Back	31	---	---
1:00.45S	F # 5A	Women 9 & Over 50 Breast	37	---	---
<b>F. Ibrahim (16) W</b>					
NS	F # 1A	Women 9 & Over 400 Free	---	---	---
NS	F # 3A	Women 9 & Over 100 Back	---	---	---
NS	F # 5A	Women 9 & Over 50 Breast	---	---	---
<b>I. Ingleton (12) W</b>					
NS	F # 1A	Women 9 & Over 400 Free	---	---	---
1:19.35S	F # 3A	Women 9 & Over 100 Back	9	---	0.39
39.72S	F # 5A	Women 9 & Over 50 Breast	5	---	0.39

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Time	F/P/S	Event	Place	Points	Improv
<b>A. Ingram (11) W</b>					
5:44.87S	F # 1A	Women 9 & Over 400 Free	20	---	-16.34
1:29.52S	F # 3A	Women 9 & Over 100 Back	19	---	-1.32
42.52S	F # 5A	Women 9 & Over 50 Breast	14	---	-9.23
<b>M. Jervis (14) M</b>					
1:25.58S	F # 4A	Men 9 & Over 100 Back	13	---	-4.70
40.43S	F # 6A	Men 9 & Over 50 Breast	9	---	0.56
<b>E. Kc (13) W</b>					
5:08.99S	F # 1A	Women 9 & Over 400 Free	7	---	-0.07
1:18.73S	F # 3A	Women 9 & Over 100 Back	8	---	1.50
43.06S	F # 5A	Women 9 & Over 50 Breast	15	---	0.85
<b>B. Kowal (14) W</b>					
5:21.38S	F # 1A	Women 9 & Over 400 Free	14	---	-0.47
1:23.56S	F # 3A	Women 9 & Over 100 Back	16	---	-7.23
40.70S	F # 5A	Women 9 & Over 50 Breast	8	---	3.01
<b>C. Kwok (12) M</b>					
6:05.59S	F # 2A	Men 9 & Over 400 Free	15	---	-15.48
1:26.81S	F # 4A	Men 9 & Over 100 Back	15	---	-1.63
43.30S	F # 6A	Men 9 & Over 50 Breast	14	---	1.44
<b>E. Lovell (15) W</b>					
NS	F # 1A	Women 9 & Over 400 Free	---	---	---
NS	F # 3A	Women 9 & Over 100 Back	---	---	---
NS	F # 5A	Women 9 & Over 50 Breast	---	---	---
<b>K. Madani (10) M</b>					
6:34.86S	F # 2A	Men 9 & Over 400 Free	18	---	---
DQ	F # 4A	Men 9 & Over 100 Back	---	---	---
52.23S	F # 6A	Men 9 & Over 50 Breast	24	---	-2.33
<b>A. Messis (10) M</b>					
5:40.73S	F # 2A	Men 9 & Over 400 Free	10	---	-13.31
1:29.42S	F # 4A	Men 9 & Over 100 Back	19	---	0.15
49.92S	F # 6A	Men 9 & Over 50 Breast	21	---	-0.64
<b>G. Miller (9) W</b>					
1:48.51S	F # 3A	Women 9 & Over 100 Back	30	---	-11.92
DQ	F # 5A	Women 9 & Over 50 Breast	---	---	---
<b>D. Pytlowany (11) W</b>					
6:00.03S	F # 1A	Women 9 & Over 400 Free	23	---	---
1:35.75S	F # 3A	Women 9 & Over 100 Back	24	---	-6.81
46.72S	F # 5A	Women 9 & Over 50 Breast	22	---	-1.32
<b>H. Pytlowany (14) M</b>					
4:30.82S	F # 2A	Men 9 & Over 400 Free	3	---	-4.05
1:08.16S	F # 4A	Men 9 & Over 100 Back	3	---	0.59
36.54S	F # 6A	Men 9 & Over 50 Breast	5	---	1.02
<b>A. Remington (16) M</b>					
4:33.56S	F # 2A	Men 9 & Over 400 Free	4	---	-9.95
1:09.79S	F # 4A	Men 9 & Over 100 Back	4	---	-7.75
34.18S	F # 6A	Men 9 & Over 50 Breast	2	---	0.48

## Individual Meet Results

**Ealing Friendly L4 Meet 12-Nov-22 [Ageup: 31/12/2022] SC Meters**

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Time	F/P/S	Event	Place	Points	Improv
<b>A. Russell-Fraser (10) W</b>					
1:51.87S	F # 3A	Women 9 & Over 100 Back	33	---	-7.17
1:01.11S	F # 5A	Women 9 & Over 50 Breast	38	---	-10.99
<b>D. Self (14) W</b>					
5:09.02S	F # 1A	Women 9 & Over 400 Free	8	---	-5.32
NS	F # 3A	Women 9 & Over 100 Back	---	---	---
41.47S	F # 5A	Women 9 & Over 50 Breast	11	---	0.61
<b>E. Sennis (14) W</b>					
5:15.98S	F # 1A	Women 9 & Over 400 Free	11	---	-30.42
1:20.01S	F # 3A	Women 9 & Over 100 Back	11	---	-5.83
41.36S	F # 5A	Women 9 & Over 50 Breast	10	---	1.19
<b>R. Sharma (12) W</b>					
6:14.08S	F # 1A	Women 9 & Over 400 Free	28	---	---
1:33.10S	F # 3A	Women 9 & Over 100 Back	23	---	---
49.82S	F # 5A	Women 9 & Over 50 Breast	28	---	0.69
<b>D. Staskus (10) M</b>					
6:45.26S	F # 2A	Men 9 & Over 400 Free	20	---	---
1:37.30S	F # 4A	Men 9 & Over 100 Back	23	---	0.93
58.24S	F # 6A	Men 9 & Over 50 Breast	27	---	2.37
<b>E. Swift (12) W</b>					
6:04.68S	F # 1A	Women 9 & Over 400 Free	25	---	---
50.70S	F # 5A	Women 9 & Over 50 Breast	30	---	-0.66
<b>D. Tedesco (15) M</b>					
4:24.06S	F # 2A	Men 9 & Over 400 Free	1	---	-2.33
1:07.48S	F # 4A	Men 9 & Over 100 Back	2	---	0.55
35.37S	F # 6A	Men 9 & Over 50 Breast	4	---	-1.03
<b>M. Tran (13) W</b>					
5:41.49S	F # 1A	Women 9 & Over 400 Free	19	---	-40.87
1:22.92S	F # 3A	Women 9 & Over 100 Back	15	---	-1.08
45.11S	F # 5A	Women 9 & Over 50 Breast	18	---	1.83
<b>S. Tran (11) W</b>					
5:58.38S	F # 1A	Women 9 & Over 400 Free	22	---	-60.05
1:28.62S	F # 3A	Women 9 & Over 100 Back	18	---	-1.06
54.61S	F # 5A	Women 9 & Over 50 Breast	33	---	0.08
<b>A. Williams (16) W</b>					
5:02.70S	F # 1A	Women 9 & Over 400 Free	3	---	-38.50
1:17.76S	F # 3A	Women 9 & Over 100 Back	7	---	0.65
39.93S	F # 5A	Women 9 & Over 50 Breast	6	---	0.39
<b>J. Wilson (18) M</b>					
6:00.31S	F # 2A	Men 9 & Over 400 Free	14	---	-45.06
1:22.89S	F # 4A	Men 9 & Over 100 Back	11	---	---
36.55S	F # 6A	Men 9 & Over 50 Breast	6	---	0.97
<b>M. Wilson (15) W</b>					
5:14.36S	F # 1A	Women 9 & Over 400 Free	10	---	-25.36
1:16.86S	F # 3A	Women 9 & Over 100 Back	3	---	-2.33
41.62S	F # 5A	Women 9 & Over 50 Breast	12	---	-4.88

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<b>C. Wright (9) W</b>					
1:54.98S	F # 3A	Women 9 & Over 100 Back	34	---	-9.15
DQ	F # 5A	Women 9 & Over 50 Breast	---	---	---