

## Individual Meet Results

**Kate Lack Trophy and end of season meet 2024 30-Jun-24 SC Meters**

**Location: Copthall Pools**

**Ealing Swimming Club [EALL] Coach: Dave Heathcock**

| Time                                | F/P/S   | Event                   | Place | Points | Improv |
|-------------------------------------|---------|-------------------------|-------|--------|--------|
| <b>N. Ahmed (11) W</b>              |         |                         |       |        |        |
| NS                                  | F # 28C | Women 11-11 100 Breast  | ---   | ---    | ---    |
| NS                                  | F # 30C | Women 11-11 100 Free    | ---   | ---    | ---    |
| <b>H. Barrios (14) W</b>            |         |                         |       |        |        |
| 2:54.89S                            | F # 2F  | Women 14-14 200 IM      | 2     | 7      | ---    |
| 36.93S                              | F # 14F | Women 14-14 50 Back     | 1     | 8      | ---    |
| 32.67S                              | F # 16F | Women 14-14 50 Free     | 1     | 8      | ---    |
| 44.02S                              | F # 20F | Women 14-14 50 Breast   | 2     | 7      | ---    |
| <b>J. Barrios (16) M</b>            |         |                         |       |        |        |
| 27.44S                              | F # 5H  | Men 16 & Over 50 Free   | 1     | 8      | 0.18   |
| 1:06.03S                            | F # 9H  | Men 16 & Over 100 Back  | 1     | 8      | 0.86   |
| 2:32.04S                            | F # 11H | Men 16 & Over 200 IM    | 2     | 7      | -3.25  |
| 2:26.93S                            | F # 13H | Men 16 & Over 200 Back  | 2     | 7      | 2.95   |
| 2:11.55S                            | F # 19H | Men 16 & Over 200 Free  | 2     | 7      | -0.37  |
| 38.65S                              | F # 23H | Men 16 & Over 50 Breast | 2     | 7      | 1.43   |
| <b>F. Bochenko (11) M</b>           |         |                         |       |        |        |
| 36.79S                              | F # 5C  | Men 11-11 50 Free       | 8     | 1      | -3.70  |
| 45.22S DQ                           | F # 17C | Men 11-11 50 Fly        | ---   | ---    | ---    |
| 7B 4.4 Start before starting signal |         |                         |       |        |        |
| 3:08.04S                            | F # 19C | Men 11-11 200 Free      | 11    | ---    | ---    |
| 54.40S                              | F # 23C | Men 11-11 50 Breast     | 7     | 2      | -3.88  |
| 47.59S DQ                           | F # 25C | Men 11-11 50 Back       | ---   | ---    | ---    |
| 7G 10.6 Pulled on the lane rope     |         |                         |       |        |        |
| 1:26.29S                            | F # 29C | Men 11-11 100 Free      | 6     | 3      | -7.39  |
| <b>L. Booth (12) W</b>              |         |                         |       |        |        |
| 3:14.17S                            | F # 6D  | Women 12-12 200 Breast  | 1     | 8      | -15.81 |
| 2:34.55S                            | F # 10D | Women 12-12 200 Free    | 6     | 3      | -27.33 |
| <b>S. Boukhtouche (11) M</b>        |         |                         |       |        |        |
| 1:37.41S                            | F # 3C  | Men 11-11 100 Breast    | 4     | 5      | -10.86 |
| 1:18.94S                            | F # 9C  | Men 11-11 100 Back      | 2     | 7      | -4.12  |
| 2:53.54S                            | F # 11C | Men 11-11 200 IM        | 1     | 8      | -6.23  |
| 2:38.21S                            | F # 19C | Men 11-11 200 Free      | 3     | 6      | 0.09   |
| 6:11.11S                            | F # 21C | Men 11-11 400 IM        | 1     | 8      | ---    |
| 1:10.97S                            | F # 29C | Men 11-11 100 Free      | 1     | 8      | -0.85  |
| <b>K. Bouquet (10) W</b>            |         |                         |       |        |        |
| 1:39.55S                            | F # 4B  | Women 10-10 100 Back    | 5     | 4      | -10.40 |
| 3:17.12S                            | F # 10B | Women 10-10 200 Free    | 5     | 4      | -9.89  |
| 47.24S                              | F # 14B | Women 10-10 50 Back     | 6     | 3      | ---    |
| 40.85S                              | F # 16B | Women 10-10 50 Free     | 5     | 4      | -4.65  |
| 57.43S                              | F # 20B | Women 10-10 50 Breast   | 7     | 2      | -11.92 |
| <b>N. Calin (10) W</b>              |         |                         |       |        |        |
| 49.97S                              | F # 14B | Women 10-10 50 Back     | 7     | 2      | -3.33  |
| 42.84S                              | F # 16B | Women 10-10 50 Free     | 7     | 2      | ---    |
| 1:01.48S                            | F # 20B | Women 10-10 50 Breast   | 8     | 1      | ---    |
| 2:07.40S                            | F # 28B | Women 10-10 100 Breast  | 4     | 5      | ---    |
| 1:31.74S                            | F # 30B | Women 10-10 100 Free    | 5     | 4      | ---    |

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Kate Lack Trophy and end of season meet 2024 30-Jun-24 SC Meters

Location: Copthall Pools

Ealing Swimming Club [EALL] Coach: Dave Heathcock

| Time                                                                                          | F/P/S      | Event                      | Place | Points | Improv |
|-----------------------------------------------------------------------------------------------|------------|----------------------------|-------|--------|--------|
| <b>M. Chudzik (17) W</b>                                                                      |            |                            |       |        |        |
| 3:25.20S                                                                                      | F # 6H     | Women 16 & Over 200 Breast | 2     | 7      | -1.00  |
| 2:53.31S                                                                                      | F # 10H    | Women 16 & Over 200 Free   | 5     | 4      | -0.49  |
| 34.29S                                                                                        | F # 16H    | Women 16 & Over 50 Free    | 2     | 7      | 1.23   |
| 42.59S                                                                                        | F # 20H    | Women 16 & Over 50 Breast  | 2     | 7      | -0.51  |
| <b>J. Cox (11) M</b>                                                                          |            |                            |       |        |        |
| 5:36.21S                                                                                      | F # 1C     | Men 11-11 400 Free         | 4     | 5      | 2.54   |
| 32.37S                                                                                        | F # 5C     | Men 11-11 50 Free          | 2     | 7      | 0.04   |
| 1:23.32S                                                                                      | F # 9C     | Men 11-11 100 Back         | 3     | 6      | 1.43   |
| 3:04.76S                                                                                      | F # 11C    | Men 11-11 200 IM           | 4     | 5      | 4.38   |
| NS                                                                                            | F # 15C    | Men 11-11 200 Breast       | ---   | ---    | ---    |
| 2:45.31S                                                                                      | F # 19C    | Men 11-11 200 Free         | 5     | 4      | 8.11   |
| <b>L. Cox (12) M</b>                                                                          |            |                            |       |        |        |
| 5:25.03S                                                                                      | F # 1D     | Men 12-12 400 Free         | 7     | 2      | -5.52  |
| 31.52S                                                                                        | F # 5D     | Men 12-12 50 Free          | 7     | 2      | 0.35   |
| 2:51.75S                                                                                      | F # 13D    | Men 12-12 200 Back         | 4     | 5      | -1.40  |
| 33.06S                                                                                        | F # 17D    | Men 12-12 50 Fly           | 3     | 6      | -2.37  |
| <b>M. Dervenaga (10) W</b>                                                                    |            |                            |       |        |        |
| 56.54S                                                                                        | F # 14B    | Women 10-10 50 Back        | 13    | ---    | -2.71  |
| 49.81S                                                                                        | F # 16B    | Women 10-10 50 Free        | 11    | ---    | -2.10  |
| 1:01.57S                                                                                      | F # 20B    | Women 10-10 50 Breast      | 9     | ---    | -3.18  |
| <b>C. Garcia-Roncero (9) W</b>                                                                |            |                            |       |        |        |
| 47.44S                                                                                        | DQ F # 14A | Women 9-9 50 Back          | ---   | ---    | ---    |
| 2E 6.4 More than one single or double simultaneous arm pull used to initiate the turn or not  |            |                            |       |        |        |
| 40.87S                                                                                        | F # 16A    | Women 9-9 50 Free          | 2     | 7      | -5.08  |
| 51.82S                                                                                        | F # 20A    | Women 9-9 50 Breast        | 2     | 7      | -1.39  |
| 49.58S                                                                                        | F # 26A    | Women 9-9 50 Fly           | 1     | 8      | ---    |
| 1:52.89S                                                                                      | F # 28A    | Women 9-9 100 Breast       | 1     | 8      | ---    |
| <b>H. Gill (9) M</b>                                                                          |            |                            |       |        |        |
| 1:51.76S                                                                                      | F # 3A     | Men 9-9 100 Breast         | 3     | 6      | 0.45   |
| 41.20S                                                                                        | F # 5A     | Men 9-9 50 Free            | 3     | 6      | -0.53  |
| 4:03.74S                                                                                      | DQ F # 15A | Men 9-9 200 Breast         | ---   | ---    | ---    |
| 3Q 7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no |            |                            |       |        |        |
| 57.59S                                                                                        | DQ F # 17A | Men 9-9 50 Fly             | ---   | ---    | ---    |
| 1B 8.2 Arms not brought forward simultaneously or arms not brought forward over the water     |            |                            |       |        |        |
| 51.91S                                                                                        | F # 23A    | Men 9-9 50 Breast          | 1     | 8      | 0.10   |
| 51.11S                                                                                        | F # 25A    | Men 9-9 50 Back            | 5     | 4      | 2.63   |
| <b>Y. Haverly (11) M</b>                                                                      |            |                            |       |        |        |
| 1:41.66S                                                                                      | F # 3C     | Men 11-11 100 Breast       | 6     | 3      | -1.40  |
| 35.77S                                                                                        | F # 5C     | Men 11-11 50 Free          | 5     | 4      | -0.44  |
| 3:43.28S                                                                                      | F # 15C    | Men 11-11 200 Breast       | 7     | 2      | 1.95   |
| 44.13S                                                                                        | F # 17C    | Men 11-11 50 Fly           | 3     | 6      | 0.27   |
| NS                                                                                            | F # 23C    | Men 11-11 50 Breast        | ---   | ---    | ---    |
| NS                                                                                            | F # 29C    | Men 11-11 100 Free         | ---   | ---    | ---    |

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| Time                                                                                          | F/P/S   | Event                  | Place | Points | Improv |
|-----------------------------------------------------------------------------------------------|---------|------------------------|-------|--------|--------|
| <b>J. Hovell (12) M</b>                                                                       |         |                        |       |        |        |
| 31.67S                                                                                        | F # 5D  | Men 12-12 50 Free      | 8     | 1      | -0.45  |
| 1:16.23S                                                                                      | F # 9D  | Men 12-12 100 Back     | 4     | 5      | -0.69  |
| 2:42.80S                                                                                      | F # 13D | Men 12-12 200 Back     | 3     | 6      | -0.70  |
| 2:29.77S                                                                                      | F # 19D | Men 12-12 200 Free     | 6     | 3      | -2.17  |
| <b>I. Iastremskyi (11) M</b>                                                                  |         |                        |       |        |        |
| 38.70S                                                                                        | F # 5C  | Men 11-11 50 Free      | 10    | ---    | -6.13  |
| 1:35.82S                                                                                      | F # 9C  | Men 11-11 100 Back     | 7     | 2      | -12.39 |
| 51.92S                                                                                        | F # 23C | Men 11-11 50 Breast    | 5     | 4      | -2.34  |
| 43.96S                                                                                        | F # 25C | Men 11-11 50 Back      | 3     | 6      | -1.28  |
| 1:32.94S                                                                                      | F # 29C | Men 11-11 100 Free     | 11    | ---    | ---    |
| <b>A. Ingram (13) W</b>                                                                       |         |                        |       |        |        |
| 1:21.25S                                                                                      | F # 4E  | Women 13-13 100 Back   | 3     | 6      | -2.00  |
| 1:29.55S DQ                                                                                   | F # 8E  | Women 13-13 100 Fly    | ---   | ---    | ---    |
| 1B 8.2 Arms not brought forward simultaneously or arms not brought forward over the water     |         |                        |       |        |        |
| 5:28.04S                                                                                      | F # 12E | Women 13-13 400 Free   | 1     | 8      | 9.01   |
| DQ                                                                                            | F # 22E | Women 13-13 400 IM     | ---   | ---    | ---    |
| 7C 10.2 A swimmer did not cover the whole distance - DNF - misc                               |         |                        |       |        |        |
| NS                                                                                            | F # 28E | Women 13-13 100 Breast | ---   | ---    | ---    |
| <b>A. Kowalski (9) M</b>                                                                      |         |                        |       |        |        |
| 6:36.11S                                                                                      | F # 1A  | Men 9-9 400 Free       | 5     | 4      | ---    |
| 1:50.07S                                                                                      | F # 3A  | Men 9-9 100 Breast     | 1     | 8      | ---    |
| <b>C. Kwok (13) M</b>                                                                         |         |                        |       |        |        |
| 1:23.67S                                                                                      | F # 3E  | Men 13-13 100 Breast   | 1     | 8      | 3.37   |
| 29.26S                                                                                        | F # 5E  | Men 13-13 50 Free      | 1     | 8      | 0.15   |
| 2:31.21S                                                                                      | F # 19E | Men 13-13 200 Free     | 5     | 4      | 8.18   |
| 36.74S                                                                                        | F # 23E | Men 13-13 50 Breast    | 1     | 8      | 0.78   |
| 1:07.70S                                                                                      | F # 29E | Men 13-13 100 Free     | 4     | 5      | 3.61   |
| <b>C. Lennon (11) M</b>                                                                       |         |                        |       |        |        |
| 1:46.59S                                                                                      | F # 3C  | Men 11-11 100 Breast   | 7     | 2      | ---    |
| 35.10S                                                                                        | F # 5C  | Men 11-11 50 Free      | 4     | 5      | -0.66  |
| 1:34.88S                                                                                      | F # 9C  | Men 11-11 100 Back     | 6     | 3      | 0.02   |
| <b>J. Lennon (9) W</b>                                                                        |         |                        |       |        |        |
| 1:36.34S                                                                                      | F # 4A  | Women 9-9 100 Back     | 1     | 8      | -7.84  |
| 43.20S                                                                                        | F # 14A | Women 9-9 50 Back      | 1     | 8      | -0.68  |
| 37.50S                                                                                        | F # 16A | Women 9-9 50 Free      | 1     | 8      | -1.42  |
| <b>E. Loud (12) W</b>                                                                         |         |                        |       |        |        |
| 2:52.33S                                                                                      | F # 2D  | Women 12-12 200 IM     | 1     | 8      | -4.07  |
| 2:37.02S                                                                                      | F # 10D | Women 12-12 200 Free   | 8     | 1      | 3.31   |
| 36.27S                                                                                        | F # 14D | Women 12-12 50 Back    | 2     | 7      | 0.54   |
| 32.04S                                                                                        | F # 16D | Women 12-12 50 Free    | 1     | 8      | 0.73   |
| 42.68S                                                                                        | F # 20D | Women 12-12 50 Breast  | 1     | 8      | 1.89   |
| 33.94S                                                                                        | F # 26D | Women 12-12 50 Fly     | 1     | 8      | 0.15   |
| 1:35.87S DQ                                                                                   | F # 28D | Women 12-12 100 Breast | ---   | ---    | ---    |
| 3Q 7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no |         |                        |       |        |        |

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| Time                                                                                         | F/P/S   | Event                  | Place | Points | Improv |
|----------------------------------------------------------------------------------------------|---------|------------------------|-------|--------|--------|
| <b>V. Maitret (10) M</b>                                                                     |         |                        |       |        |        |
| 3:18.55S                                                                                     | F # 11B | Men 10-10 200 IM       | 2     | 7      | -5.22  |
| 3:09.06S                                                                                     | F # 13B | Men 10-10 200 Back     | 3     | 6      | ---    |
| 39.79S                                                                                       | F # 17B | Men 10-10 50 Fly       | 1     | 8      | 1.55   |
| <b>P. Martyn (10) W</b>                                                                      |         |                        |       |        |        |
| 3:52.61S                                                                                     | F # 6B  | Women 10-10 200 Breast | 1     | 8      | 3.73   |
| 3:33.18S                                                                                     | F # 10B | Women 10-10 200 Free   | 8     | 1      | -1.49  |
| 51.87S                                                                                       | F # 14B | Women 10-10 50 Back    | 10    | ---    | 0.46   |
| 46.23S                                                                                       | F # 16B | Women 10-10 50 Free    | 9     | ---    | 0.79   |
| 50.60S                                                                                       | F # 20B | Women 10-10 50 Breast  | 1     | 8      | 4.11   |
| 1:51.85S                                                                                     | F # 28B | Women 10-10 100 Breast | 2     | 7      | 4.83   |
| <b>A. Messis (12) M</b>                                                                      |         |                        |       |        |        |
| 5:19.91S                                                                                     | F # 1D  | Men 12-12 400 Free     | 6     | 3      | 7.82   |
| 1:41.10S                                                                                     | F # 3D  | Men 12-12 100 Breast   | 7     | 2      | 1.66   |
| 33.92S                                                                                       | F # 5D  | Men 12-12 50 Free      | 10    | ---    | 0.72   |
| 1:27.22S                                                                                     | F # 9D  | Men 12-12 100 Back     | 7     | 2      | 6.53   |
| 2:57.11S                                                                                     | F # 13D | Men 12-12 200 Back     | 5     | 4      | 5.84   |
| 3:28.24S                                                                                     | F # 15D | Men 12-12 200 Breast   | 4     | 5      | 1.61   |
| NS                                                                                           | F # 17D | Men 12-12 50 Fly       | ---   | ---    | ---    |
| 2:34.38S                                                                                     | F # 19D | Men 12-12 200 Free     | 8     | 1      | 6.30   |
| <b>H. Miller (9) M</b>                                                                       |         |                        |       |        |        |
| 41.73S                                                                                       | F # 5A  | Men 9-9 50 Free        | 4     | 5      | -4.15  |
| 1:38.23S                                                                                     | F # 9A  | Men 9-9 100 Back       | 1     | 8      | -0.22  |
| 3:35.83S DQ                                                                                  | F # 13A | Men 9-9 200 Back       | ---   | ---    | ---    |
| 2B 6.2 Left position on the back (other than to initiate a turn)                             |         |                        |       |        |        |
| 58.43S                                                                                       | F # 17A | Men 9-9 50 Fly         | 4     | 5      | 3.10   |
| <b>S. Miller (12) M</b>                                                                      |         |                        |       |        |        |
| 1:32.45S                                                                                     | F # 3D  | Men 12-12 100 Breast   | 4     | 5      | -2.21  |
| 33.49S                                                                                       | F # 5D  | Men 12-12 50 Free      | 9     | ---    | -0.05  |
| 3:00.62S                                                                                     | F # 7D  | Men 12-12 200 Fly      | 2     | 7      | -6.45  |
| 3:18.99S                                                                                     | F # 15D | Men 12-12 200 Breast   | 1     | 8      | 1.46   |
| 36.89S                                                                                       | F # 17D | Men 12-12 50 Fly       | 5     | 4      | 0.01   |
| <b>A. Myronov (9) W</b>                                                                      |         |                        |       |        |        |
| 1:03.51S DQ                                                                                  | F # 14A | Women 9-9 50 Back      | ---   | ---    | ---    |
| 2G 6.5 Not on the back at finish                                                             |         |                        |       |        |        |
| <b>N. Myronov (9) W</b>                                                                      |         |                        |       |        |        |
| 49.97S DQ                                                                                    | F # 16A | Women 9-9 50 Free      | ---   | ---    | ---    |
| 7E 10.4 No contact with wall during a turn or turn not made from wall or took stride or step |         |                        |       |        |        |
| <b>N. Ng (13) M</b>                                                                          |         |                        |       |        |        |
| 5:29.99S                                                                                     | F # 1E  | Men 13-13 400 Free     | 3     | 6      | -1.82  |
| 33.50S                                                                                       | F # 5E  | Men 13-13 50 Free      | 8     | 1      | -0.38  |
| 1:29.73S                                                                                     | F # 9E  | Men 13-13 100 Back     | 3     | 6      | 2.01   |

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| Time                                                                                          | F/P/S   | Event                    | Place | Points | Improv |
|-----------------------------------------------------------------------------------------------|---------|--------------------------|-------|--------|--------|
| <b>K. Nowosielski (12) M</b>                                                                  |         |                          |       |        |        |
| 29.94S                                                                                        | F # 5D  | Men 12-12 50 Free        | 4     | 5      | 0.01   |
| 1:19.19S                                                                                      | F # 9D  | Men 12-12 100 Back       | 6     | 3      | 2.61   |
| 2:46.00S DQ                                                                                   | F # 11D | Men 12-12 200 IM         | ---   | ---    | ---    |
| 7G 10.6 Pulled on the lane rope - misc                                                        |         |                          |       |        |        |
| 33.72S                                                                                        | F # 17D | Men 12-12 50 Fly         | 4     | 5      | 0.16   |
| 2:21.35S                                                                                      | F # 19D | Men 12-12 200 Free       | 2     | 7      | -3.18  |
| <b>J. Rabenstein Tobbal (10) W</b>                                                            |         |                          |       |        |        |
| 3:59.88S                                                                                      | F # 6B  | Women 10-10 200 Breast   | 2     | 7      | 9.84   |
| 50.73S                                                                                        | F # 20B | Women 10-10 50 Breast    | 2     | 7      | 0.44   |
| <b>O. Rabenstein Tobbal (13) M</b>                                                            |         |                          |       |        |        |
| 1:26.96S                                                                                      | F # 3E  | Men 13-13 100 Breast     | 3     | 6      | -3.99  |
| 3:06.86S                                                                                      | F # 15E | Men 13-13 200 Breast     | 1     | 8      | -3.18  |
| <b>A. Radchuk (13) M</b>                                                                      |         |                          |       |        |        |
| 1:27.24S                                                                                      | F # 3E  | Men 13-13 100 Breast     | 4     | 5      | -17.71 |
| 30.83S                                                                                        | F # 5E  | Men 13-13 50 Free        | 5     | 4      | -1.98  |
| 34.98S                                                                                        | F # 17E | Men 13-13 50 Fly         | 3     | 6      | -4.05  |
| 40.52S DQ                                                                                     | F # 23E | Men 13-13 50 Breast      | ---   | ---    | ---    |
| 3Q 7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no |         |                          |       |        |        |
| 39.56S                                                                                        | F # 25E | Men 13-13 50 Back        | 2     | 7      | ---    |
| 1:09.21S                                                                                      | F # 29E | Men 13-13 100 Free       | 5     | 4      | -7.62  |
| <b>F. Saggese (9) M</b>                                                                       |         |                          |       |        |        |
| 3:41.46S                                                                                      | F # 13A | Men 9-9 200 Back         | 2     | 7      | ---    |
| 51.26S                                                                                        | F # 17A | Men 9-9 50 Fly           | 2     | 7      | ---    |
| 3:29.88S                                                                                      | F # 19A | Men 9-9 200 Free         | 4     | 5      | -28.31 |
| <b>A. Sinker (10) W</b>                                                                       |         |                          |       |        |        |
| 3:25.28S                                                                                      | F # 2B  | Women 10-10 200 IM       | 1     | 8      | -34.70 |
| 1:36.06S                                                                                      | F # 4B  | Women 10-10 100 Back     | 4     | 5      | -0.95  |
| 3:02.01S                                                                                      | F # 10B | Women 10-10 200 Free     | 4     | 5      | -31.87 |
| <b>K. Sinker (10) W</b>                                                                       |         |                          |       |        |        |
| 1:40.75S                                                                                      | F # 4B  | Women 10-10 100 Back     | 6     | 3      | -0.67  |
| 4:08.74S                                                                                      | F # 6B  | Women 10-10 200 Breast   | 3     | 6      | 5.42   |
| <b>D. Tedesco (17) M</b>                                                                      |         |                          |       |        |        |
| 1:13.02S                                                                                      | F # 3H  | Men 16 & Over 100 Breast | 2     | 7      | -4.83  |
| 2:21.06S                                                                                      | F # 7H  | Men 16 & Over 200 Fly    | 2     | 7      | 6.09   |
| 2:15.92S                                                                                      | F # 11H | Men 16 & Over 200 IM     | 1     | 8      | -1.87  |
| 2:42.35S                                                                                      | F # 15H | Men 16 & Over 200 Breast | 1     | 8      | 4.85   |
| <b>D. Tovkach (15) M</b>                                                                      |         |                          |       |        |        |
| 40.74S                                                                                        | F # 5G  | Men 15-15 50 Free        | 6     | 3      | -0.61  |

## Individual Meet Results

Kate Lack Trophy and end of season meet 2024 30-Jun-24 SC Meters

Location: Copthall Pools

Ealing Swimming Club [EALL] Coach: Dave Heathcock

| Time                                                                                          | F/P/S   | Event                  | Place | Points | Improv |
|-----------------------------------------------------------------------------------------------|---------|------------------------|-------|--------|--------|
| <b>T. Tsang (11) M</b>                                                                        |         |                        |       |        |        |
| 1:35.96S                                                                                      | F # 3C  | Men 11-11 100 Breast   | 3     | 6      | -19.62 |
| 33.93S                                                                                        | F # 5C  | Men 11-11 50 Free      | 3     | 6      | 0.27   |
| 1:23.59S                                                                                      | F # 9C  | Men 11-11 100 Back     | 4     | 5      | -1.03  |
| 2:57.88S                                                                                      | F # 11C | Men 11-11 200 IM       | 3     | 6      | -4.74  |
| 3:27.02S                                                                                      | F # 15C | Men 11-11 200 Breast   | 4     | 5      | -10.31 |
| 38.11S                                                                                        | F # 17C | Men 11-11 50 Fly       | 1     | 8      | 0.87   |
| 2:45.32S                                                                                      | F # 19C | Men 11-11 200 Free     | 6     | 3      | -19.64 |
| 44.48S                                                                                        | F # 23C | Men 11-11 50 Breast    | 1     | 8      | 0.61   |
| 39.15S                                                                                        | F # 25C | Men 11-11 50 Back      | 1     | 8      | -4.50  |
| 1:33.38S                                                                                      | F # 27C | Men 11-11 100 Fly      | 1     | 8      | ---    |
| 1:17.42S                                                                                      | F # 29C | Men 11-11 100 Free     | 3     | 6      | -1.09  |
| <b>D. Vuckovic (10) M</b>                                                                     |         |                        |       |        |        |
| 1:41.43S                                                                                      | F # 3B  | Men 10-10 100 Breast   | 2     | 7      | -2.92  |
| 34.73S                                                                                        | F # 5B  | Men 10-10 50 Free      | 1     | 8      | 0.34   |
| 1:31.04S                                                                                      | F # 9B  | Men 10-10 100 Back     | 3     | 6      | -3.79  |
| 3:16.32S                                                                                      | F # 11B | Men 10-10 200 IM       | 1     | 8      | -18.01 |
| <b>M. Vuckovic (12) M</b>                                                                     |         |                        |       |        |        |
| 1:22.16S                                                                                      | F # 3D  | Men 12-12 100 Breast   | 1     | 8      | -1.93  |
| 29.41S                                                                                        | F # 5D  | Men 12-12 50 Free      | 2     | 7      | -0.01  |
| 1:12.89S                                                                                      | F # 9D  | Men 12-12 100 Back     | 1     | 8      | -0.52  |
| 2:33.26S                                                                                      | F # 11D | Men 12-12 200 IM       | 1     | 8      | -2.66  |
| <b>C. Wright (11) W</b>                                                                       |         |                        |       |        |        |
| NS                                                                                            | F # 2C  | Women 11-11 200 IM     | ---   | ---    | ---    |
| NS                                                                                            | F # 6C  | Women 11-11 200 Breast | ---   | ---    | ---    |
| NS                                                                                            | F # 10C | Women 11-11 200 Free   | ---   | ---    | ---    |
| <b>A. Yudichev (14) M</b>                                                                     |         |                        |       |        |        |
| 30.16S                                                                                        | F # 5F  | Men 14-14 50 Free      | 2     | 7      | -1.44  |
| 1:19.70S DQ                                                                                   | F # 9F  | Men 14-14 100 Back     | ---   | ---    | ---    |
| 2B 6.2 Left position on the back (other than to initiate a turn)                              |         |                        |       |        |        |
| 31.32S                                                                                        | F # 17F | Men 14-14 50 Fly       | 1     | 8      | -3.32  |
| 35.18S                                                                                        | F # 25F | Men 14-14 50 Back      | 2     | 7      | -2.83  |
| 1:15.66S                                                                                      | F # 27F | Men 14-14 100 Fly      | 1     | 8      | ---    |
| 1:11.99S                                                                                      | F # 29F | Men 14-14 100 Free     | 2     | 7      | -7.23  |
| <b>A. Zaharia (9) M</b>                                                                       |         |                        |       |        |        |
| 2:00.60S DQ                                                                                   | F # 3A  | Men 9-9 100 Breast     | ---   | ---    | ---    |
| 3Q 7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no |         |                        |       |        |        |
| 45.44S                                                                                        | F # 5A  | Men 9-9 50 Free        | 9     | ---    | -4.38  |
| 57.57S                                                                                        | F # 23A | Men 9-9 50 Breast      | 5     | 4      | -2.27  |
| 51.14S                                                                                        | F # 25A | Men 9-9 50 Back        | 6     | 3      | -5.64  |
| <b>K. Zaharia (12) W</b>                                                                      |         |                        |       |        |        |
| 39.42S                                                                                        | F # 16D | Women 12-12 50 Free    | 8     | 1      | -0.94  |
| 53.85S                                                                                        | F # 20D | Women 12-12 50 Breast  | 8     | 1      | 0.87   |
| 1:31.28S                                                                                      | F # 30D | Women 12-12 100 Free   | 7     | 2      | -2.77  |