

EALING SWIMMING CLUB

Autumn Level 4 Invitational

Under Swim England Laws and Swim England Technical Rules at Level 4 under no: 4LR250953

Sunday 28th September 2025

The Northolt Leisure Centre, Eastcote Lane North, Northolt, Middx UB5 4AB

Sunday 28 th September	
Session 1	
Warm up 8:15am Start 9:30am	
101	FEMALE 100m Breaststroke
102	OPEN/MALE 100m Butterfly
103	FEMALE 50m Backstroke
104	OPEN/MALE 50m Freestyle
105	FEMALE 50m Butterfly
106	OPEN/MALE 50m Breaststroke
107	FEMALE 100m Backstroke
108	OPEN/MALE 100m Freestyle
109	FEMALE 100m Individual Medley
Session 2	
Warm up TBS Start TBC	
110	OPEN/MALE 100m Breaststroke
111	FEMALE 100m Butterfly
112	OPEN/MALE 50m Backstroke
113	FEMALE 50m Freestyle
114	OPEN/MALE 50m Butterfly
115	FEMALE 50m Breaststroke
116	OPEN/MALE 100m Backstroke
117	FEMALE 100m Freestyle
118	OPEN/MALE 100m Individual Medley

* Please note times are tentative and will be confirmed once all of the entries for the Meet have been processed.
Full details will be sent with confirmation of entries.

Venue: Northolt Leisure Centre, Eastcote Lane
North, Northolt, Middx UB5
25m Pool, 8 Lanes, full electronic timing with anti-turbulence lane ropes Age Groups:

Age bands 8, 9, 10, 11, 12, 13, 14, 15 and 16+. Ages as at midnight 28th September 2025

Events: 50m all strokes and 100IM (8yrs+) 100m all strokes (9yrs+).
All events will be heat declared winners.

Fees: £8.50 per event

Awards: Awards to 1st, 2nd and 3rd in all age groups. (HDW)

Entries: Electronic entries to be emailed to Ms Leah Pullen
meetmanager@swimesc.co.uk

